WHAT YOU COULD BE EATING IF YOU HAD SOWN IN TIME

JANUARY	SOWN	PLANTED
Beet (Stored)	May	August
Broccoli (Heading)	April	July
Brussels Sprouts	May	June
Cabbage	June	
Carrots (Stored)	April	
Kale	April	June
Leeks	April	July
Onions (Stored)	March	
Parsnips (Stored)	April	
Potatoes (Stored)		April
Salsify	April	
Savoys	April	June
Shallots (Stored)		March
Spinach, Winter	Sept	
Swedes (Stored)	July	
Tomatoes (Bottled)		May
Turnips (Stored)	June	

FEBRUARY		
Beet (Stored)	May	
Broccoli, Early Sprouting	April	July
Brussels Sprouts	April	June
Cabbage	June	August
Carrots (Stored)	April	
Kale	April	June
Leeks	April	July
Onions (Stored)		March
Parsnips (Stored)	April	
Potatoes (Stored)		April
Spinach, Winter	Sept.	
Salsify	April	
Swedes (Stored)	July	
Tomatoes (Bottled)		May
Turnips (Stored)	June	

MARCH		
Beet (Stored)	May	
Broccoli, Sprouting	April	June
Brussels Sprouts	April	June
Cabbage	June	Sept.
Kale	June	Sept.
Parsnips (Stored)	April	
Potatoes (Stored)		April
Salsify Leaves	April	
Tomatoes (Bottled)		May
Turnips (Stored)	June	

APRIL	SOWN	PLANTED
Beet (Stored)	May	
Broccoli, Late	May	July
Cabbage	June	Oct.
Leeks	April	August
Onions, Spring	August	
Onions (Stored)		March
Potatoes (Stored)		April
Salsify Leaves	April	
Spinach, Summer	Feb.	

MAY		
Beet (Stored)	May	
Broccoli, Late	April	July
Cabbage	June	Oct.
Lettuce		March
Onions, Spring	August	
Onions (Stored)	March	
Radishes	March	
Spinach, Summer	Feb.	
Tomatoes (Bottled)		May

JUNE		
Beans, Broad	Nov.	
Carrots, Early	March	
Cauliflowers		March
Cabbage		March
Lettuce	March	
Onions, Spring		March
Potatoes, Early		March
Peas, Early	March	
Radishes	April	
Spinach	April	
Tomatoes (Bottled)		May
Turnips	Feb.	

JULY		
Beans, Broad	Nov.	
Beet, Fresh	March	
Carrots, Early	March	
Cauliflowers		April
Kohl-rabi	April	
Lettuce	April	
Onions, Spring		March
Peas, Early	April	
Potatoes, Early		March
Radishes	May	
Spinach	May	
Swedes	April	
Tomatoes (Bottled)		May
Turnips	March	

AUGUST	SOWN	PLANTED
Beans, Windsor	March	
Beans, French	May	
Beans, Runner	May	
Beet, Fresh	April	
Cabbage	March	May
Carrots, Short	April	
Cauliflowers	April	June
Cucumbers	April	
Kohl-rabi	May	
Lettuce	April	
Marrows/Courgettes	April	
Onions		March
Peas, Maincrop	April	
Potatoes, Early		April
Radishes	June	
Spinach	June	
Spinach N.Z.	March	
Tomatoes, Outdoor		May
Turnips	May	

SEPTEMBER		
Beans, French	May	
Beans, Runner	May	
Beans, Windsor	March	
Cabbage	March	May
Carrots, Maincrop	April	
Cauliflowers	April	May
Cucumbers	April	
Kohl-rabi	June	
Lettuce	July	
Marrows Courgette		April
Onions		March
Peas, Maincrop	May	
Potatoes, Early		March
Radishes	July	
Spinach	July	
Spinach, N.Z.	March	
Tomatoes, Outdoor		May
Turnips	June	

OCTOBER		
Beans, French	May	
Beans, Runner	May	
Beet	June	
Broccoli	March	May
Brussels Sprouts	April	June
Cabbage	April	June
Cauliflowers	April	May
Leeks	April	June
Lettuce	August	
Onions	March	
Parsnips	April	

NOVEMBER	SOWN	PLANTED
Beet	May	
Broccoli	April	June
Brussels Sprouts	April	June
Cabbage	April	June
Carrots	April	
Leeks	April	July
Onions	March	
Parsnips	April	
Potatoes	June	April
Salsify	April	
Savoys	April	July
Shallots		Feb.
Spinach	August	
Tomatoes (Bottled)		May
Turnips	July	

DECEMBER		
Beet (Stored)	May	
Broccoli	April	June
Brussels Sprouts	April	June
Cabbage	April	July
Carrots	April	
Kale	April	June
Leeks	April	July
Onions		March
Parsnips	April	
Potatoes		April
Salsify	April	
Savoys	April	July
Shallots		Feb.
Swedes	June	
Tomatoes (Bottled)		May
Turnips	July	

NOTES FOR THESE LISTS

This is written for beginners and to remind experienced gardeners who can easily forget and have a gap. It assumes you have no frame or greenhouse, so where there is a planting time but no sowing one it means you should have bought plants. Times are approximate, you may be able to sneak things earlier or later in the South.